



THE PERFECT WINTER GROUP ADVENTURE IN THE MAJESTIC CANADIAN ROCKIES!

7 Days/ 6 Nights
Feb 10 to 16, 2020

DIFFICULTY LEVEL: Intermediate to advanced -- Recent experience hiking or snowshoeing 14km (8.5mi)/day or more required.

PLACES TO SEE

Banff ~ Lake Louise ~ Johnston Canyon ~ Emerald Lake ~ Boom Lake ~ Lake Agnes

DESCRIPTION

Experience the breathtaking beauty of the Canadian Rockies in winter. Snowshoe or hike on scenic and well-maintained mountain trails to spectacular lookouts. Take in the beauty of iconic **Lake Louise** and **Emerald Lake**, completely frozen. Explore the waterfalls and natural pools of **Johnston Canyon**, and treat yourself to a hot beverage or a zesty meal at one of **Banff's** cafes or restaurants. Each day will be even more exciting than the last!

Highlights

- Experience the spectacular Canadian Rockies all covered in snow!
- Explore Banff and Yoho National Parks with experienced Canadian hike leaders
- Hike to amazing waterfalls at Johnston Canyon
- Snowshoe around scenic Lake Louise, Emerald Lake and Boom Lake
- Roam around the picturesque town of Banff
- Stay in a private double of quad room at the comfortable HI Lake Louise hostel

ITINERARY

Mon (Day 1)

Welcome to the Rockies!

Travel to Calgary Intl Airport and transfer to our hostel by car or private airport shuttle (not included in the price). After checking into our **private hostel rooms**, meet and greet with your fellow hikers and our trip

organizer – *Walter* - in the hostel's main lobby for an overview of our multi-day adventure in the spectacular **Rocky Mountains**. Evening at leisure to acquaint yourself with other participants and with the area.

Tue (Day 2)

Boom Lake snowshoeing (Banff area)

10.5km (6.5mi) 5-6 hour hike, rated moderate

Travel to Banff and meet with a hike leader from a Calgary adventure Meetup group, who will be our guide for 3 days. Enjoy a day of snowshoeing at **Boom Lake**. This gradual and easy ascent leads hikers through a picturesque forest to a large alpine lake surrounded by snow-capped mountains. Bring a packed lunch to eat during the event. In the afternoon, take a stroll in the busy streets of the picturesque town of **Banff** and head to a local pub for an optional drink or a bite to eat. Round-trip transport by chartered van with private local driver included.

Wed (Day 3)

Johnston Canyon and Ink Pots adventure

12km (7.5mi) 6-7 hour hike, rated moderate to advanced

Enjoy another scenic snowshoeing adventure in stunning Banff National Park. Experience the depths of the canyon on wide trails and narrow bridges with railings that lead to the **Lower Falls** and to the spectacular 30 meter-high **Upper Falls**. Beyond the falls, a trail continues up and over a forested ridge to a meadow where water bubbles from deep below the Earth's surface into shallow pools called the **Ink Pots**. There will be a stop for lunch during the activity, so bring your own packed lunch. Round-trip transport by chartered van with local driver included.

Thu (Day 4)

Explore Emerald Lake (Yoho National Park)

9.5km (6mi) 5-hour hike, rated moderate

Today we travel with our experienced hike leader from Alberta to the impressive Yoho National park and snowshoe around iconic **Emerald Lake**. Lush forest, at times dense, climbing a lateral moraine to a hydrological basin and avalanche paths. Round-trip transport by chartered van with local driver included.

Fri (Day 5)

Lake Louise Trails

12km (7.5mi) 6-7 hour hike, rated moderate

Discover the pleasant trails that connect the village of Lake Louise with the lake's waterfront. The **Tramline** trail follows the path of an old tram that connected the Lake Louise station to the luxurious Fairmont Chateau Lake Louise. At the end of this trail, we will follow a short uphill trail to the **Fairview Lookout**, to take in incredible views of the lake and the historic lakeside hotel.

Sat (Day 6)

Lake Agnes group adventure (Lake Louise area)

10km (6mi) 5-hour hike, rated moderate

Experience another popular and well-maintained trail by the lake. From the **Lake Louise Lakeshore**, we will hike or snowshoe up the trail to lovely **Lake Agnes**, while enjoying stunning views of Lake Louise and the surrounding mountains from above. Round-trip transport by public transit bus included.

Sun (Day 7)

Leaving the Rockies

After packing up and checking out of our rooms, we will take a final stroll around the village of Lake Louise (time permitting) before heading back to Calgary by car or airport shuttle (not included in the price). Time to bid good-bye to our travel buddies and hop on our flight back home.

NOTE: The program above is subject to change, based on weather conditions, traffic delays and/or requests made by group members and agreed upon by the entire group.

Disclaimer

This trip is offered by a non-commercial organization in Canada – TorontoHiking. Most group adventures/hikes on TorontoHiking are planned and operated by volunteers with several years of experience as hike leaders. However, we make no claims of being professional guides, and take no responsibility for the outcome of any of our trips or activities.

CONTACT

Walter is an avid hiker and amateur organizer of outdoor events and trips with **TorontoHiking**, as well as several Meetup groups. He will escort the group and lead all the activities on this adventure, along with another organizer of hiking trips from the Calgary area.

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