



THE PERFECT GROUP OUTDOOR ADVENTURE IN THE MAJESTIC CANADIAN ROCKIES!

7 Days / 6 Nights
Jun 28 to Jul 4, 2020

DIFFICULTY LEVEL: Intermediate to advanced -- Recent experience hiking 16km (10mi)/day or more required.

PLACES TO SEE

Calgary ~ Banff ~ Lake Louise ~ Lake Minnewanka ~ Athabasca Glacier ~ Peyto Lake ~ Yoho National Park ~ Moraine Lake

DESCRIPTION

Immerse yourself in some of the most amazing landscapes that Canada offers, hike on scenic and well-maintained mountain trails, spot diverse wildlife, and rest by brilliant turquoise lakes in the amazing Canadian Rockies. Discover **Moraine Lake**, the **Athabasca Glacier** and hike the trails overlooking the stunning **Takakkaw Falls** on included day trips, or choose from one of the many exciting optional activities in the **Lake Louise** area, such as canoeing, a scenic gondola ride or extreme zip lining. Each day will be even more exciting than the last!

Highlights

- Guided hikes in the majestic Canadian Rockies
- Discover Banff and Yoho National Parks
- Abundant wildlife viewing opportunities
- Enjoy an amazing drive up the Columbia Icefields Parkway
- Explore Lake Louise, Moraine Lake and Takakkaw Falls
- Stay in a private double or quad room at the comfortable HI Lake Louise hostel

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Sun (Day 1)

Welcome to the Rockies!

5km (3mi) 2 hour hike, rated easy

Travel to **Calgary Intl Airport** and transfer to our hostel by private airport shuttle (not included in the price). After checking into our private hostel rooms, meet and greet with your fellow hikers and our trip organizer – *Walter* - in the hostel's main lobby for an overview of our multi-day adventure in the spectacular Rocky Mountains. Evening at leisure to acquaint yourself with other participants and with the area.

Mon (Day 2)

Sulphur Mountain guided hike (Banff area)

13km (8mi) 6-7 hour hike, rated moderate

Travel to Banff and meet with a hike leader from a Calgary adventure Meetup group, who will be our guide for 3 days. Climb **Sulphur Mountain** and enjoy a 360-degree vista from the summit. When we return, take a well-earned rest by the clear and calm waters of **Lake Minnewanka**. Bring a packed lunch to eat on the trails. In the afternoon, take a stroll in the busy streets of the picturesque town of Banff and head to a local café or pub for an optional drink or a bite to eat. Round-trip transport by chartered van with private local driver included.

Tue (Day 3)

Explore the Columbia Icefields

9km (5.5mi), 3.5 hour hike, rated moderate

Enjoy a scenic drive along the renowned Columbia Icefield Parkway to the **Athabasca Glacier**. On the way up, we will set out for a spectacular short hike to **Wilcox Pass**, to behold the beauty of this glacier-carved landscape. Look out for bighorn sheep and other wildlife. There will be a stop for lunch during the hike, so bring your own packed lunch. Before returning to Lake Louise, we will take a short stroll by **Peyto Lake**. Round-trip transport by chartered van with local driver included.

Wed (Day 4)

Explore Yoho National park

18km (11mi) 7-8 hour hike, rated difficult

Today's outing leads us to the Iceline for another hike in the great Canadian Rockies. The hike starts and ends at the impressive **Takakkaw Falls** in Yoho National Park. An experienced hike leader from Calgary will be our guide again. Round-trip transport by chartered van with local driver included.

Thu (Day 5)

Moraine Lake guided hike

9km (5.5mi), 3.5-4 hour hike, rated moderate

Take a more challenging but fabulous hike from the turquoise waters of **Moraine Lake** to Lake Minnestimma and marvel at breathtaking view of the **Ten Peaks** in the heart of Banff National Park. Bring a packed lunch to eat on the trails. Round-trip transport by private shuttle with professional driver included.

Fri (Day 6)

Plain of Six Glaciers guided hike (Lake Louise area)

15km (9.5mi), 5 hour hike, rated moderate

Strap on your hiking boots and embark on a fabulous guided hike from Lake Louise to the **Plain of Six Glaciers Tea House**. Today's hike offers stunning views of the glaciers and mountains that surround Lake Louise. Once we reach the summit, we will finally relax and enjoy the view from a quaint Swiss-built tea house.

Sat (Day 7)

Leaving the Rockies

2-3Km (1-2mi) 1 hour hike, rated easy

After packing up and checking out of our rooms, we will take a final stroll around Lake Louise or walk up to a scenic lookout point (time permitting) before heading back to **Calgary** by airport shuttle (not included in the price). Time to bid good-bye to our travel buddies and hop on our flight back home.

CONTACT

Walter is an avid hiker and amateur organizer of outdoor events and trips with **TorontoHiking**, as well as several Meetup groups. He will escort the group and lead all the hikes on this amazing journey, along with another organizer of hiking trips from the Calgary area.

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